



October 2014

<p>Meals served at 12:00 Reservations <u>must</u> be made by 12:00 the day before by calling 270-4290 <u>Thursday Salad Option</u> 2nd- Spinach 9th- Taco 16th- Chef 23rd- Garden</p>		<p>Wednesday 1 Sliced Turkey Ham Scalloped Potatoes Squash Fruit Cup Rye Bread Frosted Cake VO: Swiss on Rye</p>	<p>Thursday 2 *Ham & Bean Soup Carrot Salad Peach Slices Bread Stick Choc Chip Cookie VO: Veggie Soup</p>	<p>Friday 3 Goulash Casserole California Blend Applesauce W.W. Bread Vanilla Ice Cream VO: Soy Casserole</p>
		<p>Monday 6 Swiss Burger on Bun Onion Slice Chuck Wagon Corn Apricots PB Cookie VO: Veggie Burger</p>	<p>Tuesday 7 Chili Tropical Fruit Salad Corn Bread Margarine Candy Cookie VO: Veggie Chili</p>	<p>Wednesday 8 Turkey Roast w/Gravy Mashed Potatoes Brussel Sprouts Banana Jell-O Cake VO: Veggie Sausage/Potato Salad</p>
<p>Monday 13 Pepper Steak w/Gravy Mashed Potatoes Spinach Apple Slices Multi Grain Bread VO: Soy Pepper Mixture</p>	<p>Tuesday 14 Tomato Barley Soup Soup/Crackers Turkey & Cheese on Rye w/Lettuce, Tomato Pineapple Jell-O w/Topping VO: Meatless Soup & Cheese Sandwich</p>	<p>Wednesday 15 Chicken & Dumplings Baby Carrots Peaches W.W. Bread Lemon Bar VO: Soy w/Dumplings</p>	<p>Thursday 16 Mac & Cheese Broccoli Flowerets Pear Half Hard Roll Sugar Cookie</p>	<p>Friday 17 Spaghetti &*Meat Balls Carrot Coins Pineapple White Bread VO: Soy Spaghetti Sauce</p>
<p>Monday 20 *BBQ Rib on Bone Cheesy Potato's Brussel Sprouts. Fresh Orange Pumpkin Bar V.O: Veggie Sausage.</p>	<p>Tuesday 21 Chicken Tetraxini Casserole Italian Green Beans Grape Juice W.W. Bread Pie Slice VO: Chicken Soy Casserole</p>	<p>Wednesday 22 *Pork Cutlet w/Gravy Mashed Potato Winter Blend Fresh Apple Multi Grain White Bread VO: Veggie Burger</p>	<p>Thursday 23 BBQ Chicken Breast on Bun Cheese Slice Peas & Onions Banana Candy Cookie VO: Cheese Sandwich</p>	<p>Friday 24 Broccoli Cheese Soup Tuna Salad on WW Bread w/Tomato & Lettuce Apricots Chocolate Ice Cream VO: Egg Salad on Rye w/Lettuce & Tomato</p>
<p>Monday 27 Salisbury Steak/Gravy Mashed Potatoes Squash Peach Slices Multi Grain Bread VO: Soy Loaf</p>	<p>Tuesday 28 Sliced Turkey Ham Baked Potatoes Brussel Sprouts Cinn. Applesauce W.W. Roll VO: Broccoli Cheese Sauce for Baked Potato</p>	<p>Wednesday 29 Baked Chicken Saucy Sweet Pot. Broccoli Flowerets Red Jell-O w/Pear's W.W. Bread VO: Veggie Patty</p>	<p>Thursday 30 Beef Stew Biscuit Mandarin Oranges Pistachio Pudding w/Topping VO: Stew w/Soy</p>	<p>Friday 31 Mac & Cheese Green Beans Fruit Cup Multi Grain Bread Brownies</p>



*Meal has pork product.

Meals provided by: DANE COUNTY CONSOLIDATED FOOD SERVICES DIVISION